

The Resurrection Vigil: *Great Vespers + Matins*



St. Herman Orthodox Church
Littleton, Colorado

The All-night Vigil

Christian worship, in the broad sense of the term, is collectively known as liturgy; that is, communal activity and common prayer, while the science of worship is known as liturgics.

Through its Divine Services, the Life of the Church is revealed to be the mystical accomplishment of God's Incarnation. The Lord continues to live in the Church and in the same human image which, once manifested, continues to exist throughout all time; and to the Church is given the ability to bring to life the commemorations of divine events; to endow them with power, so that we might become their new witnesses & participants. Thus all of the Divine Services together acquire the meaning: the life of God, & the temple, which is His dwelling place.

In the Service of the All-night Vigil, the Church conveys to the faithful a sense of the beauty of the setting sun and turns their thoughts toward the spiritual Light of Christ. The Church also points the faithful toward prayerful consideration of the coming Day and of the eternal Light of the Heavenly Kingdom. The All-night Vigil is a Service that sets before us the turning point in time between the day now passing and the day now coming.

In participating in the All-night Vigil, the faithful in a sense prayerfully bid farewell to the past and welcome the future. Moreover, in the All-night Vigil they are prepared for the Divine Liturgy and for the Mystery of the Holy Eucharist.

In fact, the All-night Vigil consists of three Services: Great Vespers, Matins, and the First Hour. Sometimes the first part of the All-night Vigil consists not of Great Vespers, but of Great Compline. Matins is the central and most substantial part of the All-night Vigil.

Reflecting on what we hear and see in Vespers, we are transported into the historical Old Testament times of humanity, and we experience in our hearts what those people experienced.

Knowing what is recounted in Vespers and Matins makes it easy for us to understand and learn the flow of Church Services; the order in which they proceed, as well as the hymns, readings, and the religious ceremonies they contain.

In the Bible we read, "In the beginning, God created the heaven and earth," and that the earth was unstructured ("formless" and "void," as the Holy Bible says), and that the Life-giving Spirit of God moved silently above it, infusing the earth with living powers. Great Vespers, the beginning of the All-night Vigil, takes us back to this dawning of creation.

For a complete commentary on each part of both *Great Vespers* and *Matins* as components of the All-night Vigil see:

<http://www.stjohndc.org/russian/english.htm>

[Here there may be a Reading from the Synaxarion or words from the priest]

Then, the faithful come forward to venerate the Holy Cross, and the priest concludes the Divine Service:

Priest: Through the prayers of our Holy Fathers, O Lord Jesus Christ our God, have mercy on us and save us!

Choir: Lord, have mercy! (3x)

During Paschaltide we also sing:

And unto us He has given eternal Life!
Let us worship His Resurrection on the Third Day!

Christ is risen! Indeed, He is risen!

The Dismissal

Priest: Wisdom!

Choir: Father, bless!

Priest: He-Who-Is, is blessed, even Christ our God, always, now and ever, and unto ages of ages.

Choir: Amen. Confirm, O God, the Holy Orthodox Faith of Orthodox Christians unto ages of ages.

Priest: Most holy Theotokos, save us!

Choir: More honorable than the Cherubim, and more glorious beyond compare than the Seraphim, without corruption thou gavest birth to God the Word: True Theotokos we magnify thee!

Priest: Glory to Thee, O Christ our God and our hope, glory to Thee!

Choir: Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen. Lord, have mercy! (3x) Father, bless!

Priest: May [He Who rose from the dead], Christ our true God, have mercy on us and save us, through the prayers of His Most-pure Mother; of the holy, glorious and all-laudable Apostles; of St. Herman of Alaska, patron of this holy house; of _____ whom we commemorate today; of the holy and righteous Ancestors of God, Joachim and Anna; and of all the Saints: for He is good and loveth Mankind!

Choir: Amen.

Great Vespers

Priest: Glory to the Holy and Consubstantial and Life-creating and Undivided Trinity, always, now and ever, and unto ages of ages.

Choir: Amen.

Clergy: Come let us worship God our King! Come let us worship and fall down before Christ, our King and our God! Come let us worship and fall down before Christ Himself, our King and our God! Come let us worship and fall down before Him!

The Evening Psalm (Psalm 103/4)

Choir: Bless the Lord, O my soul! O Lord my God, Thou art very great. Thou art clothed with honor and majesty, Who covers Thyself with light as with a garment. Bless the Lord, O my soul! O Lord, how manifold are Thy works; in wisdom hast Thou made them all. Bless the Lord, O my soul! May the glory of the Lord endure forever. May the Lord rejoice in His works. Bless the Lord, O my soul! O Lord, how manifold are Thy works; in wisdom hast Thou made them all. Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen. Alleluia, alleluia, alleluia: Glory to Thee, O God! (3x)

The Great Litany

Priest: In peace let us pray to the Lord.

Choir: Lord, have mercy! (After each petition)

Priest: For the peace from above and for the salvation of our souls, let us pray to the Lord.

" *For the peace of the whole world, for the good estate of the holy churches of God, and for the union of all, let us pray to the Lord.*

Priest: For this holy house and for those who enter with faith, reverence, and the fear of God, let us pray to the Lord.

" For our Metropolitan ____; for our Bishop ____; for the honorable priesthood, the diaconate in Christ, for all the clergy and the people, let us pray to the Lord.

" For the President of our country, for all civil authorities, and for the armed forces, let us pray to the Lord.

" For this city, for every city and country, and for the faithful dwelling in them, let us pray to the Lord.

" For favorable weather, for abundance of the fruits of the earth, and for peaceful times, let us pray to the Lord.

" For travelers by land, by sea, and by air, for the sick and the suffering, for captives and their salvation, let us pray to the Lord.

" For our deliverance from all affliction, wrath, danger, and necessity, let us pray to the Lord.

" Help us, save us, have mercy on us, and keep us, O God, by Thy Grace.

" Commemorating our most-holy, most-pure, most-blessed and glorious Lady Theotokos and Ever-virgin Mary with all the Saints; let us commend ourselves and each other and all our life unto Christ our God.

Choir: To Thee, O Lord!

Priest: For unto Thee are due all glory, honor and worship: to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages.

Choir: Amen.

Priest: Commemorating our most-holy, most-pure, most-blessed and glorious Lady Theotokos and Ever-virgin Mary with all the Saints; let us commend ourselves and each other and all our life unto Christ our God.

Choir: To Thee, O Lord!

Priest: For Thou art the God of mercies and compassion and love for mankind, and unto Thee do we send up glory: to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages.

Choir: Amen.

Priest: Peace be unto all!

Choir: And to your spirit.

Priest: Let us bow our heads to the Lord.

Choir: To Thee, O Lord.

Prayer at the Bowing of the Heads

Priest: O holy Lord, dwelling in the highest, regarding the humble of heart, and beholding the creation with Thine all-seeing Eye, to Thee we have bowed the neck of our soul and body entreating Thee: Stretch forth Thine invisible hand from Thy holy dwelling place and bless us all. Forgive us if we have sinned voluntarily or involuntarily, for Thou art a good God Who lovest mankind, granting us Thine earthly and heavenly good things.

Priest: For Thine it is to have mercy on us and to save us, O our God, and unto Thee do we send up glory: to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages.

Choir: Amen.

For Tones 2,4,6,8

By rising from the Tomb Thou didst destroy the bonds of hell. By destroying the condemnation of death, O Lord, Thou didst redeem all men from the snares of the enemy. By revealing Thyself to Thine Apostles, Thou didst send them to proclaim Thee. Through them Thou hast granted peace to the universe, O Merciful One!

The Morning Litany

Priest: Let us complete our morning prayer to the Lord.

Choir: Lord, have mercy. (Repeat after next petition)

Priest: Help us, save us, have mercy on us, and keep us, O God, by Thy grace.

" That the whole day may be perfect, holy, peaceful, and sinless, let us ask of the Lord.

Choir: Grant it, O Lord. (After each petition)

Priest: An angel of peace, a faithful guide, a guardian of our souls and bodies, let us ask of the Lord.

" Pardon and remission of our sins and transgressions, let us ask of the Lord.

" All things that are good and useful for our souls, and peace for the world, let us ask of the Lord.

" That we may complete the remaining time of our life in peace and repentance, let us ask of the Lord.

" A Christian ending to our life: painless, blameless, and peaceful; and for a good defense before the dread judgment seat of Christ, let us ask.

"Blessed is the Man"

(Selections from Psalms 1,2,3 of the 1st Kathisma)

Blessed is the man who walks not in the counsel of the wicked. *Alleluia, alleluia, alleluia!*

For the Lord knows the way of the righteous, but the way of the wicked will perish. *Alleluia, alleluia, alleluia!*

Serve the Lord with fear, and rejoice in Him with trembling. *Alleluia, alleluia, alleluia!*

Blessed are all who take refuge in Him. *Alleluia, alleluia, alleluia!*

Arise, O Lord; save me, O my God! *Alleluia, alleluia, alleluia!*

Salvation belongs to the Lord; Thy blessing be upon Thy people. *Alleluia, alleluia, alleluia!*

Glory to the Father, and to the Son, and to the Holy Spirit; *Alleluia, alleluia, alleluia!*

Now and ever, and unto ages of ages. Amen. *Alleluia, alleluia, alleluia!*

Alleluia, alleluia, alleluia! Glory to Thee, O God! (3x)

The Little Litany

Priest: Again and again in peace let us pray to the Lord

Choir: Lord, have mercy! (Repeat after each petition)

Priest: Help us, save us, have mercy on us, and keep us, O God, by Thy Grace.

" Commemorating our most-holy, most-pure, most-blessed and glorious Lady Theotokos and Ever-virgin Mary with all the Saints; let us commend ourselves and each other and all our life unto Christ our God.

Choir: To Thee, O Lord!

Priest: For Thine is the majesty and Thine are the Kingdom and the power and the glory: of the Father, and of the Son, and of the Holy Spirit, now & ever, & unto ages of ages.

Choir: Amen.

“Lord I Have Cried ”
(in the Tone of the Week)

Choir: Lord, I call upon Thee; hear me. Hear me, O Lord! Lord, I call upon Thee; hear me. Receive the voice of my prayer. When I call upon Thee, hear me, O Lord. Let my prayer arise in Thy sight as incense, and let the lifting up of my hands be an evening sacrifice. Hear me, O Lord!

Reader *(These psalm verses are chanted between stikhera):*

10) Bring my soul out of prison that I may give thanks to Thy Name!

9) The righteous will surround me, for Thou wilt deal bountifully with me.

8) Out of the depths I cry to Thee, O Lord! Lord, hear my voice!

7) Let Thine ears be attentive to the voice of my supplications!

6) If Thou, O Lord, shouldst mark iniquities, Lord, who could stand? But there is forgiveness with Thee.

5) For Thy Name's sake I have waited for Thee, O Lord; my soul waits in Thy Word; my soul has hoped on the Lord.

4) From the morning watch until night, from the morning watch, let Israel hope in the Lord.

3) For with the Lord there is mercy, and with Him is plenteous redemption, and He will deliver Israel out of all his iniquities.

2) Praise the Lord, all nations! Praise Him, all peoples!

1) For His mercy is confirmed on us, and the Truth of the Lord endures forever.

Glory to the Father, and to the Son, and to the Holy Spirit;

Now and ever, and unto ages of ages. Amen.

Priest: Glory to Thee Who has shown us the Light!

The Great Doxology

Choir: Glory to God in the highest, and on earth peace, goodwill towards men. We praise Thee, we bless Thee, we worship Thee, we glorify Thee, we give thanks to Thee for Thy great glory. O Lord, Heavenly King, God the Father Almighty! O Lord, the Only-begotten Son, Jesus Christ, and the Holy Spirit. O Lord God, Lamb of God, Son of the Father Who takest away the sin of the world, have mercy on us. Thou that takest away the sins of the world, receive our prayer. Thou that sittest at the right hand of God the Father, have mercy on us. For Thou only art holy, Thou only art Lord, Jesus Christ, to the glory of God the Father. Amen. Ev'ry day will I bless Thee and praise Thy Name forever and ever. Vouchsafe, O Lord, to keep us this day without sin. Blessed art Thou, O Lord, God of our Fathers, and praised and glorified is Thy Name forever. Amen. Let Thy mercy, O Lord, be upon us as we have put our trust in Thee. Blessed art Thou, O Lord, teach me Thy statutes. (3x) O Lord, Thou hast been our refuge from generation to generation. I said: Lord, be merciful to me. Heal my soul for I have sinned against Thee. Lord, I flee unto Thee; teach me to do Thy will, for Thou art my God. For with Thee is the Fountain of Life and in Thy Light shall we see Light. Pour forth Thy mercy unto those who know Thee. Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3x) Glory to the Father, and to the Son, and to the Holy Spirit; now and ever, and unto ages of ages. Amen. Holy Immortal, have mercy on us. Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Troparion of the Resurrection

For Tones 1,3,5,7

Today salvation has come to the world; let us sing praises to Him Who rose from the dead. The Author of our life, He has destroyed death by death and has granted us the victory and great mercy!

The 10th Evangelical Stikheron

After Thy descent into Hades and Resurrection from the dead, Thy disciples were disheartened as it were for being parted from Thee, O Christ our God. So unto working they turned once more, and unto the boats and the nets again, and nowhere was there a catch. But Thou, O Savior, when Thou didst appear, as the Master of all things did command the nets be cast on the right side of the boat. And straightaway Thy word became a deed, and the quantity of the fish was great; and a strange banquet was ready on land. This very Banquet of which Thy disciples then partook, count us also worthy now to delight in spiritually, O Lord Who lovest mankind.

The 11th Evangelical Stikheron

When Thou didst reveal Thyself to Thy disciples, O Lord, after Thy Resurrection, Thou didst appoint Simon to pasture Thy sheep, as requital for loving Thee, asking him to take care to shepherd them. And that is why Thou didst say: "If you love Me, Peter, be a shepherd of My lambs, be a shepherd of My sheep." And he, immediately displaying his own kindred affection, inquired about the other disciple. By their entreaties O Christ our Savior, protect Thy flock and guard it from wolves that would injure it.

Now and ever, and unto ages of ages. Amen.

The Theotokion for the Praises *(for all Tones)*

Choir: Thou art most blessed, O Virgin Theotokos, for through the One Who was born of thee, hell has been captured and Adam recalled! The curse has been annulled and Eve set free. Death has been slain, and we are given Life! Blessed is Christ our God whose good will it was: Glory to Thee!

The LIHC Stikhera for each Tone are found on the following pages:

Tone 1, *p. 8*

Tone 2, *p. 9*

Tone 3, *p. 10*

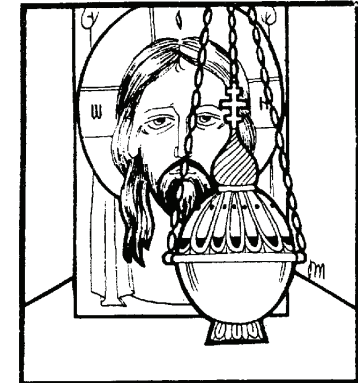
Tone 4, *p. 11*

Tone 5, *p. 12*

Tone 6, *p. 13*

Tone 7, *p. 14*

Tone 8, *p. 15*



*"Lord I Have Cried" Stikhera for **Tone 1***

Accept our evening prayers, O holy Lord! Grant us remission of sins, for Thou alone has manifested the Resurrection to the world!

Encircle Zion, and surround her, O people! Give glory in her to the One Who rose from the dead! For He is our God, Who has delivered us from our transgressions!

Come, O people, let us hymn and fall down before Christ, for He is our God, glorifying His Resurrection from the dead, Who has delivered the world from the enemy's deceit!

Be glad, O heavens! Sound trumpets, O foundations of the earth! Sing in gladness, O mountains! Behold, Emmanuel has nailed our sins to the Cross! Granting life, He has slain death! He has resurrected Adam as the Lover of man!

Let us praise Him Who voluntarily was crucified in the flesh for our sake. He suffered, was buried, but rose from the dead! By Orthodoxy confirm Thy Church, O Christ! Grant peace to our life as the gracious Lover of man!

We stand before Thy life-bearing Tomb unworthily, O Christ God, offering glory to Thine unspeakable compassion! Thou hast accepted the Cross and death, O sinless One, to grant Resurrection to the world as the Lover of man!

Let us praise the Word, co-eternal with the Father! He ineffably came forth from the virginal womb! He freely accepted the Cross and death for our sake. He was raised in glory! Glory to Thee, O Life-giving Lord, the Savior of our souls!

(Three Stikhera from the Menaion, if available)

DOGOMATIC: Let us praise the Virgin Mary, the gate of heaven, the glory of the world! The song of the angels, the beauty of the faithful! She was born of man, yet gave birth to God! She was revealed as the heaven, as the temple of the Godhead! She destroyed the wall of enmity! She commenced the peace, she opened the Kingdom! Since she is our foundation of faith, our Defender is the Lord, Whom she bore! Courage, courage, O people of God! For Christ will destroy our enemies, since He is All-powerful! **[Turn to page 16]**

understand the Scriptures. Then Thou didst announce to them the Promise of the Father, and after blessing them, Thou didst depart for Heaven. And therefore with them we worship Thee: Glory to Thee, O Lord! **[Turn to p. 54]**

The 7th Evangelical Stikheron

Behold, it is early and still dark. And why art thou, O Mary, standing outside the tomb with much darkness covering thy mind, such that thou inquirest where Jesus has been laid? But look at the disciples who together run, and how they came to understand the Resurrection from the linen cloths and the napkin, and they remembered the Scripture concerning this. And we have believed with them and through them, and we sing in praise of Christ the Giver of Life. **[Turn to p. 54]**

The 8th Evangelical Stikheron

Not in vain were the tears of Mary warmly shed. Behold, she was deemed worthy of having angelic teachers and of seeing Thee Thyself, O Jesus. But still her thinking was mundane as a weak woman that she was. And therefore she was sent away and not allowed to touch Thee, O Christ. But even so, she was sent as a herald unto Thy disciples, and the good tidings didst she speak unto them, and she announced Thine ascent to the Paternal inheritance. Along with her, account us also worthy of Thine appearance, Sovereign Master, O Lord. **[Turn to p. 54]**

The 9th Evangelical Stikheron

In the latter times, it was evening on the first day of the week, Thou camest and stood among Thy friends, O Christ. And by the miracle of Thine entrance through the closed doors Thou didst verify the miracle of Thy Resurrection from the dead. And Thou didst fill the Disciples with joy, and unto them transmitted the Holy Spirit, and gave them the authority of the forgiveness of sins. And Thou didst not abandon Thomas to drown beneath the waves of disbelief. And therefore also grant to us true knowledge and forgiveness of transgressions, O compassionate Lord. **[Turn to p. 54]**

The 4th Evangelical Stikheron

Morning twilight was dim, and the women came to the sepulcher O Christ. But Thy body, which they longed for, was nowhere to be found. While they were perplexed about this, the men in dazzling apparel appeared and stood by them, saying to them: "Why do you seek among the dead Him Who lives? He rose as He foretold you. Why do you not remember the words He spoke to you?" And they believed them, and they proclaimed all that they had seen. But the Good Tidings seemed to be an idle tale. Thus were the disciples still slow to understand. Yet Peter rose and ran; and when he saw, he went home glorifying Thy marvels. ***[Turn to p. 54]***

The 5th Evangelical Stikheron

Oh how wise are Thy judgments, O Christ! How was it that Thou didst grant Peter to understand Thy Resurrection by the grave clothes alone? But to Luke and to Cleopas Thou didst speak as Thou didst walk with them together, and though Thou spokest Thou didst not immediately reveal Thyself. For which cause Thou wast upbraided as the only one visiting Jerusalem who had no knowledge of the things that had happened there of late. But, O Master, as Thou hast arranged all things for the benefit of Thy creature, Thou didst interpret for them the prophecies concerning Thee, and when Thou didst bless the Bread they recognized Thee. Even before this, as a token that it was Thee, didst their hearts burn within. Then to the disciples gathered together, now as not before they clearly proclaimed Thy Resurrection; through which have mercy on us. ***[Turn to p. 54]***

The 6th Evangelical Stikheron

O Christ, Thou art truly the peace of God that is given to mankind. Thou gavest peace to Thy disciples after Thy Resurrection from the dead. But it frightened them, for they thought that they were seeing a ghost. But Thou didst quiet the agitation of their souls by showing Thy hands and Thy feet. But they still did not believe. So by eating the food and repeating the teaching, Thou didst open their minds to

"Lord I Have Cried" Stikhera for Tone 2

Come, let us worship the Word of God, begotten of the Father before all ages, and incarnate of the Virgin Mary! Having endured the Cross, He was buried as He Himself desired! And having risen from the dead, He saved me, an erring man!

Christ our Savior nailed to the Cross the bond against us, He voided it and destroyed the dominion of death! We fall down before His Resurrection on the Third Day!

With the Archangels let us praise the Resurrection of Christ! He is our Savior, our Redeemer! He is coming with awesome glory and mighty power to judge the world which He made!

The angel proclaimed Thee the crucified and buried Master. He told the women: Come, see the place where He lay! He is risen, as He said, for He is Almighty! We worship Thee, O only immortal One! Have mercy on us, O Christ, the Giver of Life!

By Thy Cross, Thou didst destroy the curse of the tree! By Thy burial, Thou didst slay the dominion of death! By Thy rising, Thou didst enlighten the race of man! O benefactor, Christ our God, glory to Thee!

The gates of death opened to Thee from fear, O Lord! When the guards of hell saw Thee, they were afraid! For Thou didst demolish the gates of brass, and smash the iron chains! Thou hadst led us from the darkness and the shadows of death, and hadst broken our bonds!

Let us come and worship in the house of the Lord, singing the hymns of salvation: Cleanse our sins, O Thou Who wast crucified and raised from the dead, and art in the bosom of the Father!

(Three Stikhera from the Menaion, if available)

DOGMATIC: The shadow of the Law passed when Grace came! As the bush burned, yet was not consumed, so the Virgin gave birth, yet remained a virgin! The righteous Son has risen instead of a pillar of flame! Instead of Moses, Christ, the salvation of our souls! ***[Turn to page 16]***

*"Lord I Have Cried" Stikhera for **Tone 3***

By Thy Cross, O Christ our Savior, death's dominion has been shattered, the devil's delusion destroyed! The race of man, being saved by faith, always offers Thee a song!

All has been enlightened by Thy Resurrection, O Lord! Paradise has been opened again! All creation, praising Thee, always offers Thee a song!

I glorify the power of the Father and the Son! I praise the authority of the Holy Spirit! The undivided, uncreated Godhead, the consubstantial Trinity Who reigns forever!

We bow down in worship before Thy precious Cross, O Christ, and we glorify and praise Thy Resurrection! For by Thy wounds, we have all been healed!

We praise the Savior incarnate of the Virgin, for He was crucified for our sake, and resurrected on the Third Day, granting us great mercy!

Christ descended to hell proclaiming the glad tidings: Behold! Now I have triumphed! I am the Resurrection; I will lead you out, for I have shattered the gates of death!

Standing unworthily in Thy most-pure house, O Christ God, we offer our evening song crying from the depths: Thou Who didst enlighten the world by Thy Resurrection on the Third Day, O Lover of man, deliver Thy people from the hand of Thine enemies!

(Three Stikhera from the Menaion, if available)

DOGOMATIC: How can we not wonder at thy mystical childbearing, O exalted Mother? For without receiving the touch of man, thou gavest birth to a son in the flesh, O immaculate Virgin! The Son, born of the Father before eternity, was born of thee at the fullness of time, O honored Lady! He underwent no mingling, no change, no division, but preserved the fullness of each nature. Entreat Him to save the souls, O Lady and Virgin and Mother, of those who confess thee in the Orthodox manner to be the Theotokos! **[Turn to page 16]**

The Gospel Stikhera

(According to the # of the Matins Resurrection Gospel)

The 1st Evangelical Stikheron

When the Disciples made haste and went to the mountain for His elevation from the ground, the Lord appeared unto them. And when they saw Him they worshipped Him. And they were told of the omni-present authority He was given. Then they were sent abroad to preach in all the earth under heaven the Resurrection from the dead and the restoration in the Heavens. And He, being truthful, promised that He is with them eternally, as Christ our God and the Savior of our souls. **[Turn to p. 54]**

The 2nd Evangelical Stikheron

With their spices did the women who were attendant on Mary go to the tomb. And to one another they wondered how they would obtain what they desired. Then they saw that the stone was rolled back, and a godly young man allaying the turbulence within their souls. For he said, "Jesus the Lord has risen. And therefore unto His disciples and heralds proclaim that they ought to hasten to Galilee; and you will see Him resurrected from the dead as the Giver of Life and Lord." **[Turn to p. 54]**

The 3^d Evangelical Stikheron

When Mary Magdalene had announced the good tidings of the Resurrection from the dead of the Savior and His appearing, and the disciples did not believe, they were upbraided for their hardness of heart. But when they were fully equipped with signs and miracles, they were sent out with the commission to preach. And whereas Thou, O Lord, wast taken up unto Thy Father, the Source of Light, they preached the Word of the Gospel everywhere, the miracles confirming them. And therefore we who through them have been illumined glorify Thy Resurrection from the dead, O Lord Who lovest mankind. **[Turn to p. 54]**

and it shall not pass away. Praise the Lord from the earth, ye dragons, and all ye abysses, fire, hail, snow, ice, blast of tempest, which perform His word, the mountains and all the hills, fruitful trees, and all cedars, the beasts and all the cattle, creeping things and winged birds, kings of the earth, and all peoples, princes and all the judges of the earth, young men and virgins, elders with the younger; let them praise the Name of the Lord, for exalted is the Name of Him alone. His praise is above the earth and heaven, and He shall exalt the horn of His people. This is the hymn for all His Saints, for the sons of Israel, and for the people that draw nigh unto Him.

Psalm 149: Sing unto the Lord a new song; His praise is in the Church of the Saints. Let Israel be glad in Him that made him, let the sons of Zion rejoice in their King. Let them praise His Name in the dance; with the timbrel and the psaltery let them chant unto Him. For the Lord taketh pleasure in His people, and He shall exalt the meek with salvation. The Saints shall boast in glory, and they shall rejoice upon their beds. The high praise of God shall be in their throats, and two-edged swords shall be in their hands, to do vengeance among the heathen, punishments among the peoples, to bind their kings with fetters, and their nobles with manacles of iron; to do among them the judgment that is written. This glory shall be to all His Saints.

Psalm 150: Praise God in His Saints, praise Him in the firmament of His power. Praise Him for His mighty acts, praise Him according to the multitude of His greatness! Praise Him with the sound of trumpet, praise Him with the psaltery and harp. Praise Him with timbrel and dance, praise Him with strings and flute. Praise Him with tuneful cymbals, praise Him with cymbals of jubilation. Let everything that hath breath praise the Lord! *[These these 2 verses are added on Sunday]:* Arise, O Lord my God, let Thy hand be lifted high; forget not Thy paupers to the end. I will confess Thee, O Lord, with my whole heart; I will tell of all Thy wonders!

Glory to the Father, and to the Son, and to the Holy Spirit;

"Lord I Have Cried" Stikhera for Tone 4

We glorify Thy Resurrection on the Third Day, O Christ God, by always honoring Thy life-creating Cross; by it, Thou hast renewed the corrupted nature of man, O Almighty One! By it Thou hast renewed our entrance to Heaven, for Thou art good and the Lover of man!

Thou didst loose the tree's verdict of disobedience, O Savior, by being voluntarily nailed to the Tree of the Cross! By descending to hell, O Almighty God, Thou didst break the bonds of death! Therefore we adore Thy Resurrection from the dead, singing in joy: Glory to Thee, O All-powerful Lord!

Thou didst smash the gates of hell, O Lord, and by Thy death Thou didst demolish the kingdom of death! Thou didst deliver the race of men from corruption, granting to the world life, incorruption, and great mercy!

Come, O people, let us sing of the Savior's Resurrection on the Third Day! By It, we have been freed from the unbreakable bonds of hell! By It, we have received Life and incorruption! Save us by Thy Resurrection, O Life-creating and Almighty Savior: Glory to Thee!

Angels and men sing of Thy Resurrection on the Third Day, O Savior! By It, the ends of the earth have been illumined! By It, we have been delivered from bondage to the enemy! Save us by Thy Resurrection! O Life-creating and Almighty Savior: Glory to Thee!

Thou hast shattered the gates of brass and destroyed the chains of death, O Christ God! Thou hast raised the fallen human race! O Lord, risen from the dead: Glory to Thee!

O Lord, Thy begetting from the Father is timeless and everlasting. Thine Incarnation from the Virgin is beyond words and understanding. Thy descent into hell is terrible for the devil and his angels. Thou hast trampled on death, rising on the Third Day, and granting men incorruption and great mercy!

(Three Stikhera from the Menaion, if available)

DOGMATIC: The prophet David was a father of the Lord through thee, O Virgin! He foretold in songs the One Who worked wonders in thee: At Thy right hand stood the Queen, Thy Mother, the Mediatrix of Life, since God was freely born of her without a father! He wanted to renew His fallen image made corrupt in passion, so He took the lost sheep upon His shoulder and brought it to His Father, joining it to the heavenly powers. Christ, Who has great and rich mercy has saved the world, O Theotokos! **[Turn to page 16]**

*"Lord I Have Cried" Stikhera for **Tone 5***

By Thy precious Cross, O Christ, Thou has put the devil to shame. By Thy Resurrection, Thou hast blunted the sting of sin, and saved us from the gates of death! We glorify Thee, the Only-begotten One!

Christ was led as a sheep to the slaughter in order to grant Resurrection to the human race! The princes of hell were frightened by this, for the gates of sorrow were lifted! Christ, the King of Glory, had entered, saying to those in chains: Go forth! And to those in darkness: Come to the Light!

O great wonder! The Creator of the invisible suffered in the flesh in His love for man, and rose again immortal! Come, O sons of nations, let us worship Him! Delivered from error by His compassion, we have learned to sing of one God in three Persons!

We offer Thee our evening worship O never-setting Light, Who came in these last days to the world in the flesh: Who even descended to hell to dispel its darkness! Who has revealed the Light of Resurrection to the nations! Glory to Thee, O Lord and Giver of Light!

We glorify the Leader of our salvation: By His Resurrection from the dead, the world was saved from deceit! The assembly of angels rejoices as the deceit of demons is overthrown! Fallen Adam rises as the devil falls!

The guards were instructed by the lawless ones: Hide the rising of Christ, take money and say: The Body was stolen from the tomb while we were asleep. But who has heard of a body being stolen, a body embalmed and naked, with its grave clothes left behind in the tomb? Do not be deceived, O Jews! Study the words of the Prophets and understand: Christ is the Redeemer of the world, and all-powerful!

O Lord, Who has captured hell and trampled on death, Thou hast enlightened the world by Thy precious Cross! O Savior, have mercy on us!

(Three Stikhera from the Menaion, if available)

DOGMATIC: In the Red Sea of old, a type of the Virgin Bride was prefigured: There, Moses divided the waters: Here, Gabriel assisted in the miracle. There, Israel crossed the sea without getting wet: Here, the Virgin gave birth to Christ without seed. After Israel's passage, the sea remained impassible: After Emmanuel's birth, the Virgin remained a virgin. O Ever-existing God, Who appeared as man, O Lord, have mercy on us! **[Turn to page 16]**

***For the 9th Matinal Gospel** (St. John 20:19-31)*

The doors being shut as Thou didst enter, O Master, Thou didst fill the Apostles with the All-Holy Spirit, breathing on them with peace. Thou didst tell them to bind sins and to loose them, and after eight days Thou didst show Thy side and hands to Thomas. With him we cry, 'Thou art my Lord and my God'.

***For the 10th Matinal Gospel** (St. John 21:1-14)*

Of old, the Sea of Tiberius found Thomas fishing with the sons of Zebedee, Nathaniel, Peter and two others. When, at Christ's order, they let down their net on the right hand side, they caught a multitude of fish. Peter, recognizing Him, swam towards Him. Appearing to them for the third time, He showed them bread, and a fish on coals.

***For the 11th Matinal Gospel** (John 21:15-25)*

The Lord, after His divine Rising, having three times enquired of Peter, 'Are you My friend?' proposed him as Chief Shepherd of His own sheep. He, when he saw the one whom Jesus loved following, asked the Master, 'What of him?' 'If I want him to remain until I come again', He answered, 'What is that to you, My friend Peter?'



The Praises (*Psalms 148—150*)
(in the Tone of the Week)

Choir: Let everything that hath breath praise the Lord. Praise the Lord in Heaven! Praise Him in the highest; to Thee, O God, is due a song. Praise Him all you angels of His. Praise Him all His hosts: To Thee, O God, is due a song!

Reader: **Psalm 148:** Praise Him, O sun and moon; praise Him all ye stars and light. Praise Him, ye heavens of heavens, and thou waters that art above the Heavens; let them praise the Name of the Lord. For He spoke, and they came to be; He commanded, and they were created. He established them for ever, yea, for ever and ever; He hath set an ordinance,

For the 4th Matinal Gospel (St. Luke 24:1-12)

Shining with virtues, let us contemplate the men in shining garments, who appeared in the Life-bearing grave, to the Myrrhbearers as they bowed their faces to the earth. Let us be taught of the Rising of Heaven's Master, and let us run with Peter towards Life in a grave, and marveling at what is done, let us remain to see Christ.

For the 5th Matinal Gospel (St. Luke 24:12-35)

Christ, the Life and the Way, from among the dead, journeyed with Cleopas and Luke, to whom He was made known at Emmaus when He broke the bread. Their souls and hearts were aflame as He talked with them on the road and explained with the Scriptures what He had undergone. With them let us cry aloud, 'He has been raised and has appeared to Peter!'

For the 6th Matinal Gospel (St. Luke 24:36-53)

Showing that Thou art man by essence, O Savior, having risen from the tomb, Thou didst stand in the midst, partook of food and taught the preaching of repentance. Then at once Thou wast raised up to the Heavenly Father and Thou didst promise the Disciples to send the Paraclete. O God and man, above all Godhead, glory to Thy Rising!

For the 7th Matinal Gospel (St. John 20:1-10)

When Mary said, 'They have taken away the Lord', Simon Peter and another initiate of Christ, whom He loved, hurried to the grave. The two ran and found the grave clothes lying inside alone, while the napkin for the head was by itself. And so they waited quietly again, until they saw Christ.

For the 8th Matinal Gospel (St. John 20:11-18)

Seeing two Angels in the grave, Mary was amazed and, not recognizing Him, she asked Christ as the Gardener, 'Sir, where hast Thou laid the body of my Jesus?' Recognizing by His call that He was the Savior, she heard, 'Do not touch Me. Tell My brothers that I am departing to the Father'.

"Lord I Have Cried" Stikhera for Tone 6

Possessing victory over hell, O Christ, since Thou art free among the dead, Thou didst ascend the Cross raising with Thyself those who sat in the shades of death! Drawing Life from Thy Light, O Almighty Savior, have mercy on us!

Today Christ tramples on death, for He is risen as He said! Let us all sing this song, for He has granted joy to the world: O Light unapproachable, O Fountain of Life! O Savior Almighty, have mercy on us!

Where shall we sinners flee from Thee Who art in all creation? In heaven Thou dwellest! In hell Thou didst trample on death! In the depths of the sea? Even there is Thy hand, O Master! To Thee we flee and falling before Thee we pray: O Thou Who didst rise from the dead, have mercy on us!

In Thy Cross, we glory, O Christ! We sing and glorify Thy Resurrection! For Thou art our God, and we know no other but Thee!

We will always bless the Lord by singing of His Resurrection! For He endured the Cross, trampling down death by death!

Glory to Thy might, O Lord, for Thou didst overcome the prince of death! By Thy Cross renewing us, granting us Life and incorruption!

Thy burial destroyed the bonds of hell, O Lord! Thy Resurrection from the dead enlightened the world! O Lord, glory to Thee!

(Three Stikhera from the Menaion, if available)

DOGMATIC: Who will not bless thee, O most holy Virgin? Who will not sing of thy most-pure Childbearing? The Only-begotten Son shone timelessly from the Father, but from thee He was ineffably incarnate! God by Nature, yet man for our sake! Not two persons, but One, known in two natures! Entreat Him, O pure and all-blessed Lady, to have mercy on our souls! **[Turn to page 16]**

*"Lord I Have Cried" Stikhera for **Tone 7***

Come, let us rejoice in the Lord, Who destroyed the dominion of death! Let us sing to Him with the bodiless hosts, for He enlightened the race of man! O our Maker and Savior, glory to Thee!

Thou didst endure the Cross and burial for our sake! By Thy death, Thou didst slay death as God! We fall down before Thy Resurrection on the Third Day, O Savior, glory to Thee!

When the Apostles beheld the Resurrection of the Maker, they were amazed and sang the angelic praise! This is the glory of the Church! This is the richness of the Kingdom! O Lord, crucified for our sake, glory to Thee!

Thou wast held by lawless men, O Christ, but to me, Thou art God and I am not ashamed! Thou wast smitten on the cheek, but I do not deny Thee! Thou wast nailed to the Cross, and I do not conceal it, for I glory in Thy Resurrection; Thy death is my life! O Almighty Lord and Lover of man, glory to Thee!

Fulfilling the prophecy of David, Christ manifested His greatness in Zion to the disciples. He is praised and always glorified, together with the Father and the Holy Spirit. At first, as the Word, He was bodiless, but then He took flesh and was slain for our sake. He rose in power as the Lover of man!

Thou didst descend into hell as Thou didst will, O Christ, overthrowing death as God, and rising on the Third Day as Master! With Thyself, Thou didst raise Adam from the bonds of hell and from corruption! Glory to Thy Resurrection, O only Lover of man!

Thou wast placed in the tomb, O Lord, as one asleep! On the Third Day Thou didst rise in power, raising Adam with Thyself from the corruption of death as the Almighty One!

(Three Stikhera from the Menaion, if available)

DOGMAIC: No tongue can speak of thy wonderful Childbearing, for the order of nature was overruled by God! Thou wast revealed to be a mother above nature, for thou remainest a virgin beyond reason and understanding! Thy conception was most glorious, O Theotokos! The manner of thy giving birth was ineffable, O Virgin! Knowing thee to be the Mother of God, devoutly we pray to thee: Beseech Him to save our souls! **[Turn to page 16]**

"Holy is the Lord our God"

Priest: Holy is the Lord our God!

Choir: Holy is the Lord our God!

Priest: For Holy is the Lord our God!

Choir: Holy is the Lord our God!

Priest: Over all peoples is our God!

Exapostilaria

(According to the # of the Matins Resurrection Gospel)

For the 1st Matinal Gospel (St. Matthew 28:16-20)

With the Disciples let us go to a mountain in Galilee to contemplate Christ by faith as He says that He has received authority over things on High and things below. Let us learn how He teaches that they are to baptize all nations in the Name of the Father, and of the Son, and of the Holy Spirit, and that He is with His Initiates, as He promised, until the final consummation.

For the 2nd Matinal Gospel (St. Mark 16:1-8)

When they saw the stone rolled away the Myrrhbearers rejoiced, for they saw a young man seated in the tomb, and he said to them, 'See, Christ is risen. Tell the Disciples with Peter, 'Go to the mountain in Galilee. There He will appear to you, as He foretold to His friends'.

For the 3^d Matinal Gospel (St. Mark 16:9-20)

Let no one doubt that Christ is risen. For He appeared to Mary; then He was seen by those going out to the country; again He appeared to the eleven initiates as they sat at table, and, when He had sent them out to baptize, He was taken up to Heaven, from which He had come down, confirming the proclamation by many signs.

The Canon of the Resurrection

(In the Tone of the Week)

Every Canon for every Tone follows this same pattern:

Ode 1 *(Sing Irmos + Chant Troparia with Refrain)*

[Ode 2 is only chanted during the weekdays of Great Lent.]

Ode 3 *(Sing Irmos + Chant Troparia with Refrain)*

Little Litany *(Priest: "For Thou art our God...")*

Ode 4 *(Sing Irmos + Chant Troparia with Refrain)*

Ode 5 *(Sing Irmos + Chant Troparia with Refrain)*

Ode 6 *(Sing Irmos + Chant Troparia with Refrain)*

Little Litany *(Priest: "For Thou art the King of peace...")*

Kontakion *(Sung in the Tone of the Week)*

Ikos *(Chanted)*

Ode 7 *(Sing Irmos + Chant Troparia with Refrain)*

Ode 8 *(Sing Irmos + Chant Troparia with Refrain)*

"We praise, bless and worship the Lord, singing and exalting Him throughout all ages!"

*Priest: The Theotokos and Mother of the Light, let us honor and magnify in song! [Now we sing **the Magnificat**]:*

Refrain: More hon'orable than the Cherubim and more glor'ous beyond compare than the Seraphim; without corruption thou gavest birth to God the Word: True Theotokos, we magnify thee!

Ode 9 *(Sing Irmos + Chant Troparia with Refrain)*

Little Litany *(Priest: "For all the powers of heaven...")*

"Lord I Have Cried" Stikhera for **Tone 8**

We offer to Thee, O Christ, our evening song and reasonable service! For Thou didst will to have mercy on us by Thy Resurrection!

Lord, Lord, do not cast us away from Thy face! For Thou didst will to have mercy on us by the Resurrection!

Rejoice, O holy Zion! Mother of the churches, the abode of God! For you were the first to receive remission of sins by the Resurrection!

The Word of God the Father, begotten before the ages in the latter times willed to be incarnate of the Virgin and endured crucifixion unto death. He has saved mortal man by His Resurrection!

We glorify Thee, O Lord, Who voluntarily didst endure the Cross for our sake. We fall down in worship before Thee, O Almighty Savior! Do not cast us away from Thy face, but hear us and save us, O Lover of man, by Thy Resurrection!

Glory to Thee, O Savior Christ, Only-begotten Son of God Who was nailed to the Cross and resurrected from the tomb on the Third Day!

We glorify Thy Resurrection from the dead, O Christ, by which Thou hast freed Adam's race from the tortures of hell and as God hast granted to the world eternal life and great mercy!

(Three Stikhera from the Menaion, if available)

DOGOMATIC: The King of Heaven, because of His love for man, appeared on earth and dwelt with men. He took flesh from the Pure Virgin; and after assuming it, He came forth from her. The Son is one; in two natures, yet one Person. Proclaiming Him as perfect God and perfect man, we confess Christ our God! Entreat Him, O unwedded Mother, to have mercy on our souls! **[Turn to page 16]**

The Entrance

Priest: [Prayer of the Entrance (silently): In the evening, in the morning, and at noonday, we praise, bless, give thanks, and pray unto Thee, O Master of all. Let our prayer arise in Thy sight as incense; give not our hearts to words or thoughts of evil. Deliver us from all who seek our souls, for unto Thee, O Lord, Lord, do we look and upon Thee have we set our hope, that Thou wilt not forsake us, O our God! For unto Thee are due all glory, honor, and worship: to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen.]

Priest: Wisdom! Let us attend!

Choir: O Gladsome Light of the holy glory of the immortal Father, heavenly, holy, blessed Jesus Christ! Now that we have come to the setting of the sun and behold the light of evening, we praise the Father, Son, and Holy Spirit: God. At all times Thou art worthy, Thou art worthy of praise in song. As Son of God, Giver of Life! Therefore, all the world glorifies Thee!

The Prokeimenon

Priest: Let us attend! Peace be unto all! Wisdom! Let us attend! The Prokeimenon in the 6th Tone: The Lord is King; He is robed in majesty!

Choir: The Lord is King; He is robed in majesty! [= Refrain]

Priest: The Lord is robed; He is girded with strength. [Refrain]

" For He has established the world so that it shall never be moved. [Refrain]

" Holiness befits Thy house, O Lord, forever! [Refrain]

" The Lord is King;...

Choir: ...He is robed in majesty.

Sergius, Igumen, Wonderworker of Radonezh and Seraphim, Wonderworker of Sarov; of our Venerable Father Herman, Wonderworker of Alaska and all America, patron of this Holy Temple; of the holy and righteous Saints: Joachim and Anna, Forbearers of God; John of Kronstadt, Wonderworker; Alexis of Minneapolis and Wilkes-Barre; Jacob of Alaska and of all the Saints, we pray Thee, O Lord, great in mercy, hearken unto us sinners who pray unto Thee, and have mercy on us!

Choir: Lord, have mercy! (12x)

Priest: Through the mercies and compassions and love for mankind of Thine Only-begotten Son, with Whom Thou art blessed, together with Thine all-holy, good, and Life-giving Spirit, now and ever, and unto ages of ages.

Choir: Amen.



Litany of Intercession

Priest: O God, save Thy people, and bless Thine inheritance. Look upon Thy world in mercy and compassion. Exalt the horn of Orthodox Christians, and send down upon us Thy rich mercies: through the intercessions of our all-immaculate Lady, the Theotokos and Ever-virgin Mary; through the power of the precious and Life-creating Cross; through the protection of the honorable bodiless Powers of Heaven; of the honorable, glorious Prophet, Forerunner and Baptist John; of the holy, glorious, and all-laudable Apostles; of our Fathers among the Saints and universal great teachers: Basil the Great, Gregory the Theologian and John Chrysostom; of our Fathers among the Saints, Nicholas, Archbishop of Myra in Lycia, the Wonderworker; of the Holy Equals-of-the-Apostles, Methodius and Cyril, Teachers of the Slavs; of the Holy Great Prince Vladimir, Equal-of-the-Apostles; of the Blessed Great Princess of Russia, Olga; of our Fathers among the Saints, Wonderworkers of all Russia: Michael, Peter, Alexis, Jonah, Philip, Macarius, Demetrius, Metrophanes, Tikhon, Theodosius, Josaphat, Hermogenes, Pitirim, Innocent and John; of our Fathers among the Saints, Hierarchs that have shown forth in America: Innocent, Equal-of-the-Apostles, Metropolitan of Moscow and Enlightener of the Aleuts; Tikhon, Patriarch of Moscow and Enlightener of N. America, the Confessor; John of Shanghai and San Francisco, the Wonderworker; Nicholas of S. Canaan, Bishop of Zhicha, Confessor; Raphael, Bishop of Brooklyn; of the Holy Glorious and Right-victorious Martyrs: of the Holy Glorious Great Martyr, the Victorious and Wonderworking George; of the Holy Great Martyr and Healer Panteleimon; of the Holy Great Martyr Barbara; of the Holy Martyrs that have shown forth in America: the Holy Hieromartyr Juvenal of Illiamna and Peter the Aleut of San Francisco; of the Holy New Martyrs: the Hieromartyrs Benjamin of Petrograd and Vladimir of Kiev; Righteous Alexander and John; the venerable Martyrs Grand Duchess Elizabeth and Nun Barbara; of our venerable and God-bearing Fathers: Anthony and Theodosius of the Caves in Kiev;

Scripture Readings *(if appointed)*:

Priest: *Wisdom!*

Reader: The Reading from_____

Priest: *Let us attend!*

Reader: *[Chants appointed Readings]*

The Litany of Fervent Supplication

Priest: *Let us all say with all our soul and with all our mind, let us say!*

Choir: Lord, have mercy.

Priest: *O Lord Almighty, the God of our fathers, we pray Thee, hearken and have mercy.*

Choir: Lord, have mercy.

Priest: *Have mercy on us, O God, according to Thy great goodness, we pray Thee, hearken and have mercy.*

Choir: Lord, have mercy. *(3x after each petition)*

Priest: *Again we pray for pious Orthodox Christians.*

" *Again we pray for our Metropolitan _____, for our Bishop _____, for priests, deacons, and all other clergy; and for all our brethren in Christ.*

" *Again we pray for this God-protected land, its President, all civil authorities, and for the armed forces.*

" *Again we pray for our brethren, the priests, the hieromonks, the hierodeacons, and for all our brotherhood in Christ.*

Priest: Again we pray for the blessed and ever-memorable holy Orthodox Patriarchs; and for the blessed and ever-memorable founders of this holy church; and for all our fathers and brethren _____, the Orthodox departed this life before us, who here and in all the world lie asleep in the Lord.

" *Again we pray for mercy, life, peace, health, salvation and visitation for the servants of God _____ and for the pardon and remission of their sins.*

" *Again we pray for those who bear fruit and do good works in this holy and all-venerable temple; for those who labor and those who sing; and for all the people here present, who await from Thee great and rich mercy.*

" *For Thou art a merciful God Who lovest mankind, and unto Thee do we send up glory: to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages.*

Choir: Amen.

Choir: ***Vouchsafe, O Lord***, to keep us this evening without sin. Blessed art Thou, O Lord God of our fathers, and praised and glorified is Thy Name forever. Amen. Let Thy mercy, be upon us, O Lord, even as we have set our hope on Thee. Blessed art Thou, O Lord, teach me Thy statutes! Blessed art Thou, O Master, make me to understand Thy commandments! Blessed art Thou, O Holy One, enlighten me with Thy precepts! Thy mercy, O Lord, endureth forever. O despise not the works of Thy hands. To Thee belongeth worship, to Thee belongeth praise, to Thee belongeth glory: to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

The Matins Resurrection Gospel Reading

Priest: And that we may be accounted worthy of hearing the Holy Gospel, let us pray to the Lord God.

Choir: Lord, have mercy! (3x)

Priest: Wisdom! Let us attend! Let us hear the Holy Gospel! Peace be unto all!

Choir: And to your spirit!

Priest: The Reading from the Holy Gospel according to St. _____

Choir: Glory to Thee, O Lord; glory to Thee!

Priest: Let us attend! [Priest reads the Matins Gospel]

Choir: Glory to Thee, O Lord; glory to Thee!

"Having Beheld the Resurrection"

Having beheld the Resurrection of Christ, let us worship the holy Lord Jesus, the only Sinless one. We venerate Thy Cross, O Christ, and we praise and glorify Thy holy Resurrection, for Thou art our God and we know no other than Thee. We call on Thy Name. Come, all you faithful, let us venerate Christ's holy Resurrection, for behold through the Cross joy has come into all the world. Let us ever bless the Lord praising His Resurrection; for by enduring the Cross for us He has destroyed death by death.

Post-Gospel Stikhera

Glory to the Father, and to the Son, and to the Holy Spirit: Through the prayers of the Apostles, O Merciful One, blot out the multitude of our transgressions.

Now and ever, and unto ages of ages. Amen. Through the prayers of the Theotokos, O Merciful One, blot out the multitude of our transgressions.

Have mercy on me, O God, according to Thy great mercy, and according to the multitude of Thy compassions blot out my transgressions.

Jesus has risen from the tomb as He foretold, granting us eternal life and great mercy!

Tone 7: Arise, O Lord my God, and let Thy hand be lifted up, forget not Thy poor forever!

Verse: *I will give thanks to Thee with my whole heart, O Lord! I will proclaim all Thy wonders!*

Tone 8: The Lord will reign forever; Thy God, O Zion, to all generations!

Verse: *Praise the Lord, O my soul! I will praise the Lord as long as I live!*

Priest: Let us pray to the Lord!

Choir: Lord, have mercy!

Priest: For holy art Thou, O our God, Who rests in the Saints and unto Thee do we send up glory: to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

“Let Everything that Hath Breath”

Priest: Let everything that hath breath praise the Lord!

Choir: Let everything that hath breath praise the Lord!

Priest: Praise God in His Saints, praise Him in the firmament of His power!

Choir: Let everything that hath breath praise the Lord!

Priest: Let everything that hath breath...

Choir: ...praise the Lord!

The Evening Litany

Priest: Let us complete our evening prayer to the Lord.

Choir: Lord, have mercy.

Priest: Help us, save us, have mercy on us, and keep us, O God, by Thy grace.

Choir: Lord, have mercy.

Priest: That the whole evening may be perfect, holy, peaceful, and sinless, let us ask of the Lord.

Choir: Grant it, O Lord. *(Repeat after each petition.)*

Priest: An angel of peace, a faithful guide, a guardian of our souls and bodies, let us ask of the Lord.

" *Pardon and remission of our sins and transgressions, let us ask of the Lord.*

" *All things that are good and profitable for our souls, and peace for the world, let us ask of the Lord.*

" *That we may complete the remaining time of our life in peace and repentance, let us ask of the Lord.*

" *A Christian ending to our life: painless, blameless, and peaceful; and a good defense before the dread Judgment Seat of Christ, let us ask.*

" *Commemorating our most-holy, most-pure, most-blessed and glorious Lady Theotokos and Ever-virgin Mary with all the Saints; let us commend ourselves and each other and all our life unto Christ our God.*

Choir: To Thee, O Lord.

Priest: For Thou art a good God Who lovest mankind, and unto Thee do we send up glory: to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages.

Choir: Amen.

Priest: Peace be unto all!

Choir: And to your spirit.

Priest: Let us bow our heads unto the Lord.

Choir: To Thee, O Lord!

Prayer at the Bowing of the Heads

Priest: [O Lord our God, Who bowed the heavens and came down for the salvation of the human race, look upon Thy servants and upon Thine inheritance. For unto Thee, the awesome Judge Who loves mankind, have Thy servants bowed their heads and bent their necks, not expecting help from men, but hoping in Thy mercy and looking for Thy salvation. Protect them at all times, especially in this present evening and in the coming night, from every enemy, from every adverse work of the devil from vain thoughts and from evil imaginations.

" Blessed and most glorified be the majesty of Thy Kingdom, of the Father, and of the Son, and of the Holy Spirit, now and ever, and unto ages of ages.

Choir: Amen.



The Prokeimenon (in the Tone of the Week)

*Priest: Let us attend! Wisdom! Let us attend!
The Prokeimenon in the___Tone:*

Tone 1: "I will now arise," says the Lord; "I will set Myself for salvation and not draw back from it."

Verse: The Lord's words are pure words.

Tone 2: Arise, O Lord my God, in the decree which Thou hast commanded & the assembly of peoples will surround Thee

*Verse: O Lord, my God, I have set my hope on Thee!
Save me!*

Tone 3: Say among the nations that the Lord is King! For He has established the world so that it shall never be moved!

*Verse: Sing to the Lord a new song! Sing to the Lord,
all the earth!*

Tone 4: Arise, O Lord and help us! Deliver us for Thy Name's sake!

*Verse: We have heard with our ears, O God, and our
fathers have told us!*

Tone 5: Arise, O Lord my God! Let Thy hand be lifted up for Thou dost reign forever!

*Verse: I will give thanks to Thee with my whole heart,
O Lord! I will proclaim all thy wonders!*

Tone 6: O Lord, stir up Thy might and come to save us!

*Verse: Give ear, O Shepherd of Israel! Thou Who leadest
Joseph like a flock!*

The Evlogitaria of the Resurrection

Blessed art Thou, O Lord, teach me Thy statutes! The Angelic Host was filled with awe, when it saw Thee among the dead! By destroying the power of death, O Savior, Thou didst raise Adam and save all men from hell! *Blessed art Thou, O Lord, teach me Thy statutes!* In the Tomb the radiant Angel cried to the Myrrhbearers: Why do you women mingle myrrh with your tears? Look at the Tomb and understand: the Savior has risen from the dead! *Blessed art Thou, O Lord, teach me Thy statutes!* Very early in the morning, the Myrrhbearers ran with sorrow to Thy Tomb, but an Angel came to them and said: The time for sorrow has come to an end; do not weep but announce the Resurrection to the Apostles! *Blessed art Thou, O Lord, teach me Thy statutes!* The Myrrhbearers were sorrowful as they neared Thy Tomb, but the Angel said to them: Why do you number the living among the dead? Since He is God He is risen from the Tomb! *Glory to the Father, and to the Son, and to the Holy Spirit;* We worship the Father and His Son and the Holy Spirit: the Holy Trinity, one in Essence. We cry with the Seraphim: Holy, holy, holy art Thou, O Lord! *Now and ever, and unto ages of ages. Amen.* Since you gave birth to the Giver of Life, O Virgin. You redeemed Adam from his sin. You gave joy to Eve instead of sadness. The God and Man Who was born of you has restored to Life those who had fallen from It! *Alleluia, alleluia, alleluia, glory to Thee, O God! (3x)* [Little Litany omitted]

The Hymn of Ascent (Tone 4)

From my youth many passions have fought against me, but do Thou help me and save me, O my Savior. You who hate Zion shall be put to shame by the Lord; you shall be withered up like grass by the fire. *Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen.* Every soul is enlivened by the Holy Spirit, and is exalted in purity, illumined by the Holy Trinity in a sacred mystery.

The Apostikha Verses in the Tone of the Week

Tone 1, p. 22

Tone 2, p. 23

Tone 3, p. 24

Tone 4, p. 25

Tone 5, p. 26

Tone 6, p. 27

Tone 7, p. 28

Tone 8, p. 29

During the season of Pascha we sing one verse from the Apostikha in the Tone of the Week and then the Paschal Verses followed by the appropriate Glory verse and Theotokion:

Let God arise, let His enemies be scattered. Today a sacred Pascha is revealed to us, a new and holy Pascha, a mystical Pascha, a Pascha worthy of veneration, a Pascha which is Christ the Redeemer, a blameless Pascha, a great Pascha, a Pascha of the faithful, a Pascha which has opened for us the gates of Paradise, a Pascha which sanctifies all the faithful. *As smoke vanishes, so let them vanish.* Come from that scene, O women, bearers of glad tidings and say to Zion: Receive from us the glad tidings of joy of Christ's Resurrection: Exult and be glad and rejoice, O Jerusalem, seeing Christ the King Who comes forth from the tomb, like a bridegroom in procession. *So the sinners will perish before the face of God, but let the righteous be glad.* The myrrhbearing women at the break of dawn drew near to the tomb of the Life-Giver. There they found an Angel sitting upon the Stone; he greeted them with these words: Why do you seek the Living among the dead? Why do you mourn the Incorrupt amid corruption? Go! Proclaim the glad tidings to His disciples. *This is the Day which the Lord has made. Let us rejoice and be glad in it!* Pascha of beauty! The Pascha of the Lord! A Pascha worthy of all honor has dawned for us. Pascha! Let us embrace each other joyously. Pascha, ransom from affliction! For today as from a bridal chamber Christ has shone forth from the Tomb and filled the women with joy saying: Proclaim the glad tidings to the Apostles! *Glory to the Father and to the Son and to the Holy Spirit, [Glory verse...]* *Now and ever and unto ages of ages. Amen.* This is the Day of Resurrection! Let us be illumined by the Feast! Let us embrace each other! Let us call "Brothers" even those that hate us, and forgive all by the Resurrection, and so let us cry: Christ is risen from the dead, trampling down death by death, and upon those in the tombs bestowing Life! **[Turn to p. 30]**

Apostikha, Tone 1

We have been freed from sufferings by Thy suffering, O Christ!
We have been delivered from corruption by Thy Resurrection!
O Lord, glory to Thee!

Let creation rejoice! Let the heavens be glad! Let the nations
clap their hands with gladness! For Christ our Savior has
nailed our sins to the Cross! Slaying death, He has given Life!
He has resurrected fallen Adam as the Lover of man!

As King of heaven and earth, Thou art voluntarily crucified in
Thy love for man! Hell was angered when it met Thee below.
Adam rose, seeing Thee, the Creator, under the earth!
O wonder! How has the Life of all tasted death? Thou didst
enlighten the world which cries: O Lord, Who didst rise from
the dead, glory to Thee!

The myrrh-bearing women came with haste to Thy tomb,
bearing myrrh and lamentations. Not finding Thy most-pure
body, they learned from the Angel of the new and glorious
wonder. They told the Apostles: The Lord is risen, granting to
the world great mercy!

Glory to the Father, and to the Son, and to the Holy Spirit;

[A "Glory verse" may be sung at this point; if so, then the
Theotokion is sung in the Tone of the Glory verse.]

Now and ever and unto ages of ages. Amen.

Behold Isaiah's prophecy is fulfilled! For the Virgin gavest
birth, yet remained a virgin! God was born, and so nature was
restored anew! But despise not the entreaties of thy servants,
O Mother of God! We offer them to thee in thy temple.
Since thou didst carry in thine arms the Compassionate One,
have compassion on thy servants, and pray that our souls may
be saved! **[Turn to page 30]**

Tone 7: By Thy Cross, Thou didst destroy death! To the thief,
Thou didst open Paradise! For the Myrrhbearers, Thou didst
change weeping into joy! And Thou didst command Thy
disciples, O Christ God, to proclaim that Thou art risen,
granting the world great mercy!

Since thou art the treasure of our Resurrection, we put our
hope in thee, All-praised One. Lead us out of the pit and the
abyss of transgressions, for thou hast saved us, who are
subject to sin, by giving birth to our Salvation. Before giving
birth thou wast a virgin and a virgin while giving birth and
after giving birth thou still remainest a virgin.

Tone 8: Thou didst descend from on High, O merciful One!
Thou didst accept the three-day burial to free us from our
sufferings! O Lord, our Life and Resurrection: Glory to Thee!

For our sake Thou wast born of the Virgin and endured
crucifixion, O Good One, destroying death by death.
Revealing the Resurrection as God, do not despise the work of
Thy hand. Reveal Thy love for Man, O Merciful One,
and accept the Theotokos praying for us, and save the
despairing people, O our Savior!

The Polyeleios (if appointed)

Praise the Name of the Lord, give praise, O servants of the
Lord. *Alleluia!* You that stand in the house of the Lord, in the
courts of the house of our God. *Alleluia!* Blessed be the Lord
from Zion, He who dwells in Jerusalem. *Alleluia!* O give
thanks to the Lord for He is good, for His mercy endureth
forever. *Alleluia! Alleluia! For His mercy endureth forever.*
Alleluia! O give thanks to the God of Heaven, for His mercy
endureth forever. *Alleluia! Alleluia! For His mercy endureth*
forever. Alleluia! [Psalms 135—136]

Tone 4: When the women disciples of the Lord learned from the Angel, the joyous message of Thy Resurrection, they cast away the ancestral curse and elatedly told the Apostles: Death is overthrown! Christ our God is risen, granting the world great mercy!

The Mystery of all eternity, unknown even by the Angels; through thee, O Theotokos, is revealed to those on earth: God incarnate by union without confusion. He voluntarily accepted the Cross for us, by which He resurrected the first-created man, saving our souls from death!

Tone 5: Let us, the faithful, praise and worship the Word, coeternal with the Father and the Spirit, born for our salvation from the Virgin; for He willed to be lifted up on the Cross in the flesh, to endure death, and to raise the dead by His glorious Resurrection.

Rejoice, Impassable Gate of the Lord! Rejoice, Wall and Protection of those who run to thee! Rejoice, Unshakable Refuge! Rejoice, thou who knewest not wedlock, who gavest birth in the flesh to thy Creator and God: Do not cease praying for those who praise and worship thy Son!

Tone 6: The angelic powers were at Thy tomb; the guards became as dead men. Mary stood by Thy grave, seeking Thy most-pure Body. Thou didst capture hell, not being tempted by it. Thou didst come to the Virgin, granting Life. O Lord, Who didst rise from the dead: Glory to Thee!

O Thou Who didst call thy Mother blessed, came of Thine own will to the Passion. Shining on the Cross, desiring to recall Adam, Thou didst say to the Angels: "Rejoice with Me for the lost coin has been found!" O Thou Who hast ordered all things in wisdom, our God, glory to Thee!

Apostikha, Tone 2

Thy Resurrection, O Christ our Savior, hast enlightened the whole universe, recalling Thy creation! Glory to Thee, O Almighty Lord!

By the Tree Thou didst destroy the curse of the tree, O Savior! By Thy burial, Thou didst mortify the majesty of death! Thou hast enlightened our race by Thy Resurrection! O Giver of Life, Christ our God, glory to Thee!

When Thou wast seen nailed to the Cross, O Christ, Thou didst restore the beauty of Thy creatures! The soldiers showed their inhumanity when they pierced Thy side with a spear. The Hebrews, not knowing Thy power, asked that Thy tomb might be sealed. But through the mercies of Thy compassions, Thou didst accept the tomb, and didst rise on the Third Day! O Lord, glory to Thee!

O Christ, the Giver of life, for the sake of the dead, Thou didst voluntarily endure death, descending into hell as the Mighty One to save those who awaited Thy coming, granting them the Life of Paradise instead of hell. Grant also to us who glorify Thy Resurrection on the Third Day cleansing of our sins, and great mercy!

Glory to the Father, and to the Son, and to the Holy Spirit;

[A "Glory verse" may be sung at this point; if so, then the Theotokion is sung in the Tone of the Glory verse.]

Now and ever and unto ages of ages. Amen.

A new miracle surpasses all ancient miracles! Who knows of a mother who gave birth without a man, who carried in her arms her Creator? This birth is the will of God! Since thou didst carry Him as an infant in thine arms, O most-pure one, and since thou dost possess motherly boldness before Him, do not cease praying for us who honor thee, that He may be bountiful and save our souls! **[Turn to page 30]**

Apostikha, *Tone 3*

The sun was darkened by Thy passion, O Christ, but all creation was enlightened by the Light of Thy Resurrection! Accept our evening song, O Lover of man!

Thy Life-bearing Resurrection, O Lord, enlightened the whole universe, recalling Thy creation! Delivered from Adam's curse, we sing: O Almighty Lord, glory to Thee!

Thou art the changeless God, Who, suffering in the flesh, wast changed! Creation could not endure seeing Thee on the Cross. It was filled with fear, while praising Thy patience! By descending to hell and rising on the Third Day, Thou hast granted to the world Life and great mercy!

Thou didst endure death, O Christ, to deliver the race of man from death. Thou didst rise from the dead on the Third Day, raising with Thyself those who knew Thee as God, and enlightening the world: Glory to Thee!

Glory to the Father, and to the Son, and to the Holy Spirit;

[A "*Glory verse*" may be sung at this point; if so, then the Theotokion is sung in the Tone of the Glory verse.]

Now and ever and unto ages of ages. Amen.

By the will of the Father, without seed, of the Holy Spirit, thou didst conceive the Son of God! He was born of the Father before eternity without a mother, but now for our sake He came from thee without a father! Do not cease entreating Him to deliver our souls from harm! **[Turn to page 30]**

Resurrection Troparia and Theotokia

(in the Tone of the Week)

[Additional Troparia may be sung for a Saint or Feast]

Tone 1: When the stone had been sealed by the Jews, while the soldiers were guarding Thy most-pure Body. Thou didst rise on the Third Day, O Savior, granting Life to the world. The powers of Heaven therefore cried to Thee, O Giver of Life: Glory to Thy Resurrection, O Christ! Glory to Thy Kingdom! Glory to Thy dispensation, O Thou Who lovest mankind!

When Gabriel announced to thee, O Virgin, "Rejoice!" with that word the Master of all was incarnate in thee, O Holy Ark. As the righteous David said, thy womb became more spacious than the heavens, bearing thy Creator. Glory to Him Who took abode in thee! Glory to Him Who came from thee! Glory to Him Who freed us by being born of thee!

Tone 2: When Thou didst descend to death, O Life Immortal, Thou didst slay hell with the splendor of Thy Godhead! And when from the depths Thou didst raise the dead, all the powers of Heaven cried out: O Giver of Life, Christ our God: Glory to Thee!

All beyond thought, all most glorious are thy mysteries, O Theotokos. Sealed in purity, preserved in virginity thou wast revealed to be the true Mother who gave birth to the True God. Entreat Him to save our souls!

Tone 3: Let the Heavens rejoice! Let the earth be glad! For the Lord has shown strength with His arm! He has trampled down death by death! He has become the Firstborn of the dead! He has delivered us from the depths of hell, and has granted to the world great mercy!

We praise thee as the mediatrix of our salvation, O Virgin Theotokos. For thy Son, our God, Who took flesh from thee, accepted the Passion on the Cross, delivering us from corruption as the Lover of Man.

for Thy Name's sake, O Lord, shalt Thou quicken me. In Thy righteousness shalt Thou bring my soul out of affliction, and in Thy mercy shalt Thou utterly destroy mine enemies. And Thou shalt cut off all them that afflict my soul, for I am Thy servant. *Hearken unto me, O Lord, in Thy righteousness, and enter not into judgment with Thy servant. Hearken unto me, O Lord, in Thy righteousness, and enter not into judgment with Thy servant. Thy good Spirit shall lead me in the land of uprightness.*

Glory to the Father, and to the Son, and to the Holy Spirit,
now and ever, and unto ages of ages. Amen.
Alleluia, alleluia, alleluia, glory to Thee, O God! (3x)

"God is the Lord"
(in the Tone of the Week)

Priest: In the ___ Tone, God is the Lord and has revealed Himself to us. Blessed is He that comes in the Name of the Lord! O give thanks unto the Lord, and call upon His holy Name!

*Choir: God is the Lord and has revealed Himself to us. Blessed is He that comes in the Name of the Lord!
(Sung by Choir 4x as Priest chants verses)*

Priest: All the nations compassed me round about, but by the Name of the Lord I warded them off!

" I shall not die, but live and recount the deeds of the Lord!

" The Stone which the builders rejected has become the head of the corner. This is the Lord's doing and it is marvelous in our eyes!

Apostikha, Tone 4

By ascending the Cross, O Lord, Thou hast annulled our ancestral curse! By descending to hell, Thou hast freed the eternal prisoners, granting incorruption to the human race! Therefore in songs we glorify Thy life-creating and saving Resurrection!

By hanging upon the tree, O only powerful Lord, Thou didst shake all of creation! By being laid in the tomb, Thou hast raised those who dwelt in the tombs, granting life and incorruption to the human race! Therefore in songs we glorify Thy rising on the Third Day!

The lawless people, O Christ, handed Thee over to Pilate, condemned to be crucified, thus proving themselves ungrateful before their benefactor! But voluntarily Thou didst endure burial, rising by Thine own power on the Third Day as God, granting us Life everlasting and great mercy!

With tears the women reached Thy tomb, searching for Thee, but not finding Thee. They wept with wailing and lamented: Woe to us! Our Savior, King of all, how wast Thou stolen? What place can hold Thy life-bearing body? An Angel replied to them: Do not weep but go and proclaim that the Lord is risen, granting us joy as the only compassionate One!

Glory to the Father, and to the Son, and to the Holy Spirit;

[A "Glory verse" may be sung at this point; if so, then the Theotokion is sung in the Tone of the Glory verse.]

Now and ever and unto ages of ages. Amen.

Look on the entreaties of thy servants, O blameless one! Stop all the terrible attacks against us, freeing us from every affliction, for we have only thee as our sure and firm anchor! Let us not be put to shame, O Lady, for we call on thee for our intercession! Hasten to pray for those who call in faith: Rejoice O Lady, help of all, the joy and shelter and salvation of our souls! **[Turn to page 30]**

Apostikha, *Tone 5*

We magnify Thee in songs of praise, O incarnate Christ and Savior! By accepting the Cross and death for our sake, as the Lord and Lover of man Thou didst overthrow the gates of hell, and didst arise on the Third Day, saving our souls!

By being pierced in the side, O Lover of man, Thou hast poured out drops of life and salvation for all. By accepting death in the flesh, Thou hast granted us immortality! Thou hast freed us by being placed in the tomb, and hast resurrected us with Thyself in glory, as God! Glory to Thee, O Lord and Lover of man!

Thy crucifixion and descent into hell are awesome, O Lover of man! Thou hast captured it, releasing the ancient prisoners! Thou hast opened Paradise and given it to us! Grant us purification of sins, who glorify Thy Resurrection on the Third Day! Make us worthy of Paradise, and save us, O Lover of man!

For our sake, Thou didst accept death in the flesh, to rise from the dead on the Third Day! Heal us from our earthly passions, and restore us from our evil transgressions: And save us, O Lover of man!

Glory to the Father, and to the Son, and to the Holy Spirit;

[A "Glory verse" may be sung at this point; if so, then the Theotokion is sung in the Tone of the Glory verse.]

Now and ever and unto ages of ages. Amen.

O most precious Virgin, thou art the gate, the temple, the palace, and the throne of the King! From thee, my Redeemer, Christ the Lord appeared to those asleep in darkness! He is the Sun of righteousness Who desired to enlighten His image, whom He had created! Since thou dost possess motherly boldness before Him, O all-praised Lady, pray unceasingly that our souls may be saved! **[Turn to p 30]**

his days are as the grass; as the flower of the field, so shall he blossom forth. For when the wind is passed over it, then it shall be gone, and no longer will it know the place thereof. But the mercy of the Lord is from eternity, even unto eternity, upon them that fear Him. And His righteousness is upon sons of sons, upon them that keep His Covenant and remember His commandments to do them. The Lord in Heaven hath prepared His Throne and His Kingdom ruleth over all. Bless the Lord, all ye His angels; mighty in strength, that perform His Word, to hear the voice of His words. Bless the Lord, all ye His hosts, His ministers that do His will. Bless the Lord, all ye His works, in every place of His dominion. Bless the Lord, O my soul. *In every place of His dominion, bless the Lord, O my soul.*

Psalm 142/143: O Lord, hear my prayer, give ear unto my supplication in Thy truth; hearken unto me in Thy righteousness. And enter not into judgment with Thy servant, for in Thy sight shall no man living be justified. For the enemy hath persecuted my soul; he hath humbled my life down to the earth. He hath sat me in darkness as those that have been long dead, and my spirit within me is become despondent; within me my heart is troubled. I remembered days of old, I meditated on all Thy works, I pondered on the creations of Thy hands. I stretched forth my hands unto Thee; my soul thirsteth after Thee like a waterless land. Quickly hear me, O Lord; my spirit hath fainted away. Turn not Thy face away from me, lest I be like unto them that go down into the pit. Cause me to hear Thy mercy in the morning; for in Thee have I put my hope. Cause me to know, O Lord, the way wherein I should walk; for unto Thee have I lifted up my soul. Rescue me from mine enemies, O Lord; unto Thee have I fled for refuge. Teach me to do Thy will, for Thou art my God. Thy good Spirit shall lead me in the land of uprightness;

that is forgotten? But as for me, unto Thee, O Lord, have I cried; and in the morning shall my prayer come before Thee. Wherefore, O Lord, dost Thou cast off my soul and turnest Thy face away from me? A poor man am I, and in troubles from my youth; yea, having been exalted, I was humbled and brought to distress. Thy furies have passed upon me, and Thy terrors have sorely troubled me. They came round about me like water, all the day long they compassed me about together. Thou hast removed afar from me friend and neighbor, and mine acquaintances because of my misery. *O Lord God of my salvation, by day have I cried and by night before Thee. Let my prayer come before Thee, bow down Thine ear unto my supplication.*

Psalm 102/103: Bless the Lord, O my soul, and all that is within me, bless His holy Name. Bless the Lord, O my soul, and forget not all that He hath done for thee, Who is gracious unto all thine iniquities, Who healeth all thine infirmities, Who redeemeth thy life from corruption, Who crowneth thee with mercy and compassion, Who fulfilleth thy desire with good things; thy youth shall be renewed as the eagle's. The Lord performeth deeds of mercy, and executeth judgment for all them that are wronged. He hath made His ways known unto Moses, unto the sons of Israel the things that He hath willed. Compassionate and merciful is the Lord, longsuffering and plenteous in mercy; not unto the end will He be angered, neither unto eternity will He be wroth. Not according to our iniquities hath He dealt with us, neither according to our sins hath He rewarded us. For according to the height of heaven from the earth, the Lord hath made His mercy to prevail over them that fear Him. As far as the east is from the west, so far hath He removed our iniquities from us. Like as a father hath compassion upon his sons, so hath the Lord had compassion upon them that fear Him; for He knoweth whereof we are made, He hath remembered that we are dust. As for man,

Apostikha, Tone 6

Thy Resurrection, O Christ our Savior, the Angels in Heaven sing! Enable us on earth to glorify Thee in purity of heart!

Destroying the gates of hell; breaking the chains of death; Thou didst resurrect the fallen human race as Almighty God! O Lord, Who didst rise from the dead, glory to Thee!

Desiring to return us to Paradise, Christ was nailed to the Cross and placed in a tomb! The myrrhbearing women sought Him with tears, crying: Woe to us, O Savior! How dost Thou deign to descend to death? What place can hold Thy life-bearing body? Come to us as Thou didst promise! Take away our wailing and tears! Then the Angel appeared to them: Stop your lamentations! Go, proclaim to the Apostles: The Lord is risen, granting us purification and great mercy!

Having been crucified as Thou didst will, by Thy burial Thou didst capture death, O Christ, and arise on the Third Day as God in glory, granting the world unending Life and great mercy!

Glory to the Father, and to the Son, and to the Holy Spirit;

[A "Glory verse" may be sung at this point; if so, then the Theotokion is sung in the Tone of the Glory verse.]

Now and ever and unto ages of ages. Amen.

My Maker and Redeemer Christ the Lord, wast born of thee, O most pure virgin! By accepting my nature He freed Adam from his ancient curse! Unceasingly we magnify thee as the Mother of God! Rejoice, O celestial joy! Rejoice, O Lady, our soul's protection, intercession, and salvation!
[Turn to page 30]

Apostikha, Tone 7

As the Savior of the world Thou didst arise from the tomb!
As God, Thou didst resurrect the race of men with Thy
flesh! O Lord, glory to Thee!

Come, let us worship the One Who rose from the dead,
and enlightened all creation! By His death, He saved us
from the torments of hell! By His Resurrection, He has
granted us eternal life and great mercy!

Into hell didst Thou descend, capturing death, O Christ!
In three days didst Thou arise again resurrecting us who
glorify Thy Resurrection, O Lord and Lover of man!

When Thou wast placed in the tomb as one asleep,
the sight was great and awesome! But when Thou didst
rise on the Third Day as Almighty God, Thou didst resurrect
Adam with Thyself! Glory to Thy Resurrection, O only Lover
of man!

Glory to the Father, and to the Son, and to the Holy Spirit;

[A "Glory verse" may be sung at this point; if so, then the
Theotokion is sung in the Tone of the Glory verse.]

Now and ever and unto ages of ages. Amen.

All the earth-born run to thy protection, O Lady! Thou art
our hope, O Theotokos! Deliver us from our countless sins,
and pray that our souls may be saved!
[Turn to page 30]

the nethermost parts of the earth, they shall be surrendered
unto the edge of the sword; portions for foxes shall they be.
But the king shall be glad in God, everyone shall be praised
that sweareth by Him; for the mouth of them is stopped that
speak unjust things. *At the dawn I meditated on Thee, for Thou art
become my Helper; in the shelter of Thy wings will I rejoice. My soul
hath cleaved after Thee, Thy right hand hath been quick to help me.*

Glory to the Father, and to the Son, and to the Holy Spirit,
now and ever, and unto ages of ages. Amen.

Alleluia, alleluia, alleluia, glory to Thee, O God! (3x)

Lord, have mercy! (3x) Glory to the Father, and to the Son, and
to the Holy Spirit, now and ever, and unto ages of ages. Amen.

Psalm 87/88: O Lord God of my salvation by day have I cried
and by night before Thee. Let my prayer come before Thee,
bow down Thine ear unto my supplication, for filled with evils
is my soul, and my life unto Hades hath drawn nigh. I am
counted with them that go down into the pit; I am become as a
man without help, free among the dead, like the bodies of the
slain that sleep in the grave, whom Thou rememberest no
more, and they are cut off from Thy hand. They laid me in the
lowest pit, in darkness and in the shadow of death.
Against me is Thine anger made strong, and all Thy billows
hast Thou brought upon me. Thou hast removed my friends
afar from me; they have made me an abomination unto
themselves. I have been delivered up, and have not come forth;
mine eyes are grown weak from poverty. I have cried unto
Thee, O Lord, the whole day long; I have stretched out my
hands unto Thee. Nay, for the dead wilt Thou work wonders?
Or shall physicians raise them up that they may give thanks
unto Thee? Nay, shall any in the grave tell of Thy mercy,
and of Thy truth in that destruction? Nay, shall Thy wonders
be known in that darkness, and Thy righteousness in that land

My friends and my neighbors drew nigh over against me and stood, and my nearest of kin stood afar off. And they that sought after my soul used violence; and they that sought evils for me spoke vain things, and craftinesses all the day long did they meditate. But as for me, like a deaf man I heard them not, and was as a speechless man that openeth not his mouth. And I became as a man that heareth not, and that hath in his mouth no reproofs. For in Thee have I hoped, O Lord; Thou wilt hearken unto me, O Lord my God. For I said: Let never mine enemies rejoice over me; yea, when my feet were shaken, those men spoke boastful words against me. For I am ready for scourges, and my sorrow is continually before me. For I will declare mine iniquity, and I will take heed concerning my sin. But mine enemies live and are made stronger than I, and they that hated me unjustly are multiplied. They that render me evil for good slandered me, because I pursued goodness. Forsake me not, O Lord my God, depart not from me. Be attentive unto my help, O Lord of my salvation. *Forsake me not, O Lord my God, depart not from me. Be attentive unto my help, O Lord of my salvation.*

Psalm 62/63: O God, my God, unto Thee I rise early at dawn. My soul hath thirsted for Thee; how often hath my flesh longed after Thee in a land barren and untrodden and unwatered. So in the sanctuary have I appeared before Thee to see Thy power and Thy glory, for Thy mercy is better than lives; my lips shall praise Thee. So shall I bless Thee in my life, and in Thy Name will I lift up my hands. As with marrow and fatness let my soul be filled, and with lips of rejoicing shall my mouth praise Thee. If I remembered Thee on my bed, at the dawn I meditated on Thee. For Thou art become my Helper; in the shelter of Thy wings will I rejoice. My soul hath cleaved after Thee, Thy right hand hath been quick to help me. But as for these, in vain have they sought after my soul; they shall go into

Apostikha, Tone 8

Descending from Heaven to ascend the Cross, the Eternal Life has come for death, to raise those who are fallen; to enlighten those in darkness! O Jesus, our Savior and Illuminator, glory to Thee!

We glorify Christ, Who rose from the dead! He accepted the human body and soul, and freed both from suffering! His most-pure soul descended to hell which He spoiled! His holy body did not see corruption in the Tomb! He is the Redeemer of our souls!

In Psalms and songs we glorify Thy Resurrection from the dead, O Christ! By It, Thou hast freed us from the tortures of hell. And as God hast granted eternal Life and great mercy!

O Master of all, incomprehensible Creator of heaven and earth! By Thy suffering on the Cross, Thou hast gained passionlessness for me! Accepting burial and arising in glory, Thou didst resurrect Adam with Thyself by Thine Almighty hand! Glory to Thy rising on the Third Day! By It, Thou hast granted us eternal life and cleansing of sins as the only Compassionate One!

Glory to the Father, and to the Son, and to the Holy Spirit;

[A "Glory verse" may be sung at this point; if so, then the Theotokion is sung in the Tone of the Glory verse.]

Now and ever and unto ages of ages. Amen.

O unwedded Virgin, who ineffably conceived God in the flesh! O Mother of God Most High! Accept the cries of thy servants, O blameless one! Grant cleansing of transgressions to all! Receive our prayers and pray to save our souls!
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Prayer of St. Simeon (*St. Luke 2:29-32*)

Choir: Lord, now lettest Thou Thy servant depart in peace, according to Thy word; for mine eyes have seen Thy salvation which Thou hast prepared before the face of all people; a Light to enlighten the Gentiles, and to be the glory of Thy people Israel.

Trisagion Prayers

Holy God, Holy Mighty, Holy Immortal, have mercy on us! (3x) Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

O Most-holy Trinity, have mercy on us. Lord, cleanse us from our sins. Master, pardon our transgressions. Holy One, visit and heal our infirmities for Thy Name's sake.

Lord, have mercy! (3x) Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

Our Father, Who art in Heaven. Hallowed be Thy Name. Thy Kingdom come. Thy will be done on earth as it is in Heaven. Give us this day our daily Bread, and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from the evil one.

Priest: For Thine is the Kingdom and the power and the glory, of the Father, and of the Son, and of the Holy Spirit, now and ever, and unto ages of ages.

Choir: Amen.

Choir: Rejoice, O Virgin Theotokos, Mary Full of Grace the Lord is with thee! Blessed art thou among women, and blessed is the Fruit of thy womb, for thou hast borne the Savior of our souls! (3x)

Priest: The blessing of the Lord be upon you through His grace and love for mankind, always, now and ever, and unto ages of ages.

Choir: Amen. [*Please remain standing and prayerfully still.*]

Resurrection Matins

Reader: Glory to God in the highest and on earth peace, goodwill towards men. (3x) O Lord, Thou shalt open my lips and my mouth shall declare Thy praise. (2x)

The Six Psalms

Psalm 3: O Lord, why are they multiplied that afflict me? Many rise up against me. Many say unto my soul: There is no salvation for him in his God. But Thou, O Lord, art my Helper, my Glory, and the Lifter up of my head. I cried unto the Lord with my voice, and He heard me out of His holy mountain. I laid me down and slept; I awoke, for the Lord will help me. I will not be afraid of ten thousands of people that set themselves against me round about. Arise, O Lord, save me, O my God, for Thou hast smitten all who without cause are mine enemies; the teeth of sinners hast Thou broken. Salvation is of the Lord, and Thy blessing is upon Thy people. *I laid me down and slept; I awoke, for the Lord will help me.*

Psalm 37/38: O Lord, rebuke me not in Thine anger, nor chasten me in Thy wrath. For Thine arrows are fastened in me, and Thou hast laid Thy hand heavily upon me. There is no healing in my flesh in the face of Thy wrath; and there is no peace in my bones in the face of my sins. For mine iniquities are risen higher than my head; as a heavy burden have they pressed heavily upon me. My bruises are become noisome and corrupt in the face of my folly. I have been wretched and utterly bowed down until the end; all the day long I went with downcast face. For my loins are filled with mockings, and there is no healing in my flesh. I am afflicted and humbled exceedingly, I have roared from the groaning of my heart. O Lord, before Thee is all my desire, and my groaning is not hid from Thee. My heart is troubled, my strength hath failed me; and the light of mine eyes, even this is not with me.