

I believe in one God, the Father Almighty, Maker of heaven and earth, and of all things visible and invisible. And in one Lord Jesus Christ, the Son of God, the Only-begotten, begotten of the Father before all ages; Light of Light, true God of true God; begotten not made; of one essence with the Father; by Whom all things were made; Who for us men and for our salvation came down from heaven, and was incarnate of the Holy Spirit and the Virgin Mary, and became man; and He was crucified for us under Pontius Pilate, and suffered and was buried; and the third day He rose again according to the Scriptures; and ascended into Heaven, and sits at the right hand of the Father; and He shall come again with glory to judge the living and the dead; whose Kingdom shall have no end. And in the Holy Spirit, the Lord, the Giver of Life Who proceeds from the Father; Who with the Father and the Son together is worshipped and glorified; Who spoke by the Prophets. And in One, Holy, Catholic and Apostolic Church. I acknowledge one baptism for the remission of sins. I look for the resurrection of the dead, and the life of the world to come. Amen.

It is truly meet to bless thee, O Theotokos; ever-blessed and most-pure and the Mother of our God. More honorable than the cherubim and more glorious beyond compare than the seraphim; without corruption thou gavest birth to God the Word; true Theotokos we magnify thee!

Through the prayers of our holy fathers, O Lord Jesus Christ our God, have mercy on us and save us.

A Basic Daily Prayer Rule

Through the prayers of our holy fathers, O Lord Jesus Christ our God, have mercy on us.

Glory to thee, our God; glory to Thee!

O Heavenly King, the Comforter, the Spirit of Truth, Who art everywhere present and fillest all things. Treasury of blessings and Giver of Life, come and abide in us, and cleanse us from every impurity, and save our souls, O Good One!

Holy God, Holy Mighty, Holy Immortal, have mercy on us! (3x)

Glory to the Father and to the Son and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

O Most-holy Trinity, have mercy on us. Lord, cleanse us from our sins. Master, pardon our transgressions. Holy One, visit and heal our infirmities for Thy Name's sake.

Lord, have mercy! (3x) Glory to the Father and to the Son and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

Our Father, Who art in Heaven, hallowed be Thy Name. Thy Kingdom come. Thy will be done on earth as it is in Heaven. Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from the evil one.

Through the prayers of our holy Fathers, O Lord Jesus Christ our God, have mercy on us. Amen.

Have mercy on me, O God, according to Thy great mercy; and according to the multitude of Thy compassions blot out my transgression. Wash me thoroughly from mine iniquity, and cleanse me from my sin. For I know mine iniquity, and my sin is ever before me. Against Thee only have I sinned and done this evil before Thee, that Thou mightest be justified in Thy words, and prevail when Thou art judged. For behold, I was conceived in iniquities, and in sins did my mother bear me. For behold, Thou hast loved truth; the hidden and secret things of Thy wisdom hast Thou made manifest unto me. Thou shalt sprinkle me with hyssop, and I shall be made clean; Thou shalt wash me, and I shall be made whiter than snow. Thou shalt make me to hear joy and gladness, the bones that be humbled, they shall rejoice. Hide Thy face from my sins, and blot out all mine iniquities. Create in me a clean heart, O God, and renew a right spirit within me. Cast me not away from Thy presence, and take not Thy Holy Spirit from me. Restore unto me the joy of Thy salvation, and with Thy governing Spirit establish me. Then I shall teach transgressors Thy ways, and the ungodly shall turn back unto Thee. Deliver me from blood-guiltiness, O God, Thou God of my salvation; and my tongue shall rejoice in Thy righteousness. O Lord, Thou shalt open my lips, and my mouth shall declare Thy praise. For if Thou hadst desired sacrifice, I had given it; with whole-burnt offerings Thou shalt not be pleased. A sacrifice acceptable unto God is a broken spirit; a heart that is broken and humbled God will not despise. Do good, O Lord, in Thy good pleasure unto Zion, and let the walls of Jerusalem be built. Then shalt Thou be pleased with a sacrifice of

righteousness, with oblation and whole-burnt offerings. Then shall they offer young bulls upon Thine Altar.

Glory to God in the Highest, and on earth peace, good will towards men. We praise Thee! We bless Thee! We worship Thee! We glorify Thee! We give thanks to Thee for Thy great glory! O Lord, Heavenly King, God the Father Almighty! O Lord, the Only-begotten Son, Jesus Christ, and the Holy Spirit. O Lord God, Lamb of God, Son of the Father Who takest away the sin of the world: Have mercy on us! Thou that takest away the sins of the world: Receive our prayer! Thou that sittest at the right hand of the Father and have mercy on us! For Thou only art holy; Thou only art Lord, Jesus Christ, to the glory of God the Father. Amen. Every day will I bless Thee, and I will praise Thy Name forever, yea forever and ever. Lord, Thou hast been our refuge from generation to generation. I said: O Lord, have mercy on me; heal my soul, for I have sinned against Thee. Lord, unto Thee have I fled for refuge; teach me to do Thy will for Thou art my God. For in Thee is the fountain of Life and in Thy Light shall we see light. O continue Thy mercy unto them that know Thee. Vouchsafe, O Lord, to keep us this *day/night* without sin. Blessed art Thou, O Lord, the God of our Fathers, and praised and glorified is Thy Name forever. Amen. Let Thy mercy, O Lord, be upon us, even as we have set our hope on Thee. Blessed art Thou, O Lord, teach me Thy statutes. Blessed art Thou, O Master, make me to understand Thy statutes. Blessed art Thou, O Holy One, enlighten me by Thy statutes. O Lord, Thy mercy endures forever; despise not the works of Thy hands. Unto Thee is due praise, unto Thee is due song, unto Thee glory is due: to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.