

Holy God, Holy Mighty, Holy Immortal, have mercy on us! (3x)
Glory to the Father and to the Son and to the Holy Spirit, now
and ever and unto ages of ages. Amen.

O Most-holy Trinity, have mercy on us! Lord, cleanse from our
sins Master, pardon our transgressions! Holy One, visit and heal
our infirmities, for Thy Name's sake.

Lord have mercy! (3x) Glory to the Father and to the Son and to
the Holy Spirit, now and ever and unto ages of ages. Amen.

Our Father, Who art in heaven, hallowed be Thy Name.
Thy kingdom come. Thy will be done, on earth as it is in Heaven.
Give us this day our daily bread, and forgive us our trespasses as
we forgive those who trespass against us. And lead us not into
temptation, but deliver us from the evil one. *For Thine is the
Kingdom, and the power, and the glory, of the Father, and of the
Son, and of the Holy Spirit, now and ever and unto ages of ages.*

At the Liturgy of St. John Chrysostom:

Grace shining forth from thy lips like a beacon has enlightened
the universe. It has shone to the world the riches of poverty.
It has revealed to us the heights of humility. Teaching us by
thy words, O Father John Chrysostom, intercede before the
Word, Christ our God, to save our souls.

Glory to the Father and to the Son and to the Holy Spirit;

Thou didst receive Divine Grace from Heaven, all blessed and
venerable John Chrysostom, and taught all by thy mouth to
worship one God in the Trinity. We praise thee worthily, for thou
art an instructor who reveals things divine.

Now and ever and unto ages of ages. Amen.

Steadfast Protectress of Christians, constant advocate before the
Creator, despise not the cry of us sinners, but in thy goodness
come speedily to help us who call on thee in faith, hasten to
hear our petition and to intercede for us, O Theotokos, for thou
dost ever protect those who honor thee!

Lord, have mercy! (3x) Glory to the Father and to the Son and
to the Holy Spirit, now and ever and unto ages of ages. Amen.

More honorable than the cherubim, and more glorious beyond
compare than the seraphim, without corruption thou gavest birth
to God the Word, true Theotokos we magnify thee!

Prayers of Thanksgiving After Communion



St. Herman Orthodox Church
991 W. Prentice Ave.
Littleton, CO 80120
303-798-7306

Glory to Thee, O God! (3x)

I thank Thee, O Lord my God, for Thou hast not rejected me, a sinner, but hast made me worthy to be a communicant of Thy Holy Things. I thank Thee, for Thou hast permitted me, the unworthy, to commune of Thy most-pure and heavenly Gifts. But, O Master, Who lovest mankind, Who for our sakes didst die and rise again, and gavest us these awesome and Life-creating Mysteries for the good and sanctification of our souls and bodies; let them be for the healing of soul and body, the repelling of every adversary, the illumining of the eyes of my heart, the peace of my spiritual powers, a faith unashamed, a love unfeigned, the fulfilling of wisdom, the observing of Thy commandments, the receiving of Thy divine Grace, and the attaining of Thy Kingdom. Preserved by them in Thy holiness, may I always remember Thy Grace, and live not for myself alone, but for Thee, our Master and Benefactor. May I pass from this life in the hope of eternal life, and so attain to the everlasting rest, where the voice of those who feast is unceasing, and the gladness of those who behold the goodness of Thy countenance is unending. For Thou art the true desire and the ineffable joy of those who love Thee, O Christ our God, and all creation sings Thy praise forever. Amen.

A Prayer of St. Basil the Great:

O Master Christ our God, King of the Ages, Maker of all things: I thank Thee for all the good things Thou hast given me, especially for the communion with Thy most-pure and Life-creating Mysteries. I pray Thee, O gracious Lover of Man: preserve me under Thy protection, beneath the shadow of Thy wings. Enable me, even to my last breath, to partake worthily and with a pure conscience of Thy Holy Things, for the remission of sins and unto life eternal. For Thou art the Bread of Life, the Fountain of Holiness, the Giver of all Good; to Thee we send up glory, together with the Father and the Holy Spirit, now and ever and unto ages of ages. Amen.

A Prayer of St. Simeon Metaphrastes:

Freely Thou hast given me Thy Body for my food, O Thou Who art a Fire consuming the unworthy. Consume me not, O my Creator, but instead enter into my members, my veins, my heart. Consume the thorns of my transgressions. Cleanse my soul and sanctify my reasonings. Make firm my knees and body. Illumine

my five senses. Nail me to the fear of Thee. Always protect, guard, and keep me from soul-destroying words and deeds. Cleanse me, purify me, and adorn me. Give me understanding and illumination. Show me to be a temple of Thy One Spirit, and not the home of many sins. May every evil thing, every carnal passion, flee from me as from a fire as I become Thy tabernacle through Communion. I offer Thee as intercessors all the Saints: the leaders of the bodiless hosts, Thy Forerunner, the wise Apostles, and Thy pure and blameless Mother. Accept their prayers in Thy love, O my Christ, and make me, Thy servant, a child of Light. For Thou art the only Sanctification and Light of our souls, O Good One, and to Thee, our Master and God, we send up glory day by day.

Another prayer:

O Lord Jesus Christ our God: Let Thy holy Body be my eternal life; Thy precious Blood, my remission of sins. Let this Eucharist be my joy, health, and gladness. Make me, a sinner, worthy to stand on the right hand of Thy glory at Thine awesome Second Coming, through the prayers of Thy most-pure Mother and of all the Saints.

A Prayer to the Theotokos:

O most-holy Lady Theotokos, the light of my darkened soul, my hope, my protection, my refuge, my rest, and my joy. I thank thee, for thou hast permitted me, the unworthy, to be a communicant of the most-pure Body and precious Blood of thy Son. Give the light of understanding to the eyes of my heart, O thou who gavest birth to the True Light. Enliven me who am deadened by sin, O thou who gavest birth to the Fountain of Immortality. Have mercy on me, O loving Mother of the merciful God. Grant me compunction and contrition of heart, humility in my thoughts, and a release from the slavery of my own reasonings. And enable me, even to my last breath, to receive the sanctification of the most-pure Mysteries, for the healing of soul and body. Grant me tears of repentance and confession, that I may glorify thee all the days of my life, for thou art blessed and greatly glorified forever. Amen.

St. Simeon's Prayer (St. Luke 2:29-32):

Lord, now lettest Thou Thy servant depart in peace, according to Thy word. For mine eyes have seen Thy salvation, which Thou hast prepared before the face of all peoples: a light to enlighten the Gentiles, and to be the glory of Thy people of Israel.